

Best Insightful Reflections

F.5 English Language

2021-22 Career Oscars Written Reflections

Topic 1

You have recently been involved in a career project called 'Career Oscars' and you wish to share your experience with your schoolmates.

- Write an article for the school magazine.
- Briefly introduce the career field you have chosen.
- Write about three important work ethics of the chosen career field and suggest what concrete action students could take to develop them.
- Give your article a title.

5A Lam Sze Ming

Is it easy to be an asset manager?

What is your first impression of asset managers? Asset managers are responsible for helping investors to manage both tangible and intangible assets most cost-effectively. Analysing the financial statement and global economy, asset managers can determine the risk and return accurately for the investors. As a result, the economic development of society will be improved and boosted.

When it comes to being an asset manager, what do you think? Superb in the calculation? Clever? Other than these personalities, having excellent work ethics is asset managers' top priority. They should be outstanding team players, careful and honest.

To begin with, in order to maximize economic growth, asset managers have to work well in a team. In an asset management company, everyone is required to share information and ideas based on complex investment cases. As the old saying goes, 'Unity is strength'. They should have good communication skills and collaboration skills so as to help their investors to gain as much money as they can. If you want to develop this work ethic, you can try to show your appreciation to your family members, friends and classmates when they do a great job in their daily life. You can simply say 'thank you' to them. Not only will they be delighted and energetic, but also you will be a better team player in the future.

Another important work ethic is to be a detail-oriented person. If asset managers are careless, however hard they work, they cannot communicate with different stakeholders effectively. Furthermore, since there are many numbers and graphs in an asset manager's job, it is always important to calculate the correct value of investments. Otherwise, investors will suffer financial losses and lose trust in the asset manager. With a view to being careful, you can try to improve your organization. When you are organized, it can be easier to focus on your tasks. You could try to organize your daily timetable by creating to-do lists so that you can clearly understand what details you should focus on right now.

The last work ethic of asset managers is honesty. Every investment is based on integrity. If the investors lose trust in the asset managers, they will not believe them anymore. Asset managers should always provide accurate information to the clients and protect their privacy. Moreover, even if the investments become loss-making, asset managers should bear the responsibility to handle the problems honestly. In an attempt to develop this ethic, you may try to report any unethical behavior to someone who can solve the problem. When you see someone cheating in exams, what should you do? You should definitely report it to the teacher. Although it may seem uncomfortable to report your friends, 'honesty is the best policy'. This small action can help you to develop the work ethic.

Being an asset manager is not easy. There are many work ethics they should follow and learn. Hope the above introduction and suggestions can help you to understand the three important work ethics of asset managers and ways to develop them.

5A Li Jieni

Want to be a social worker? Bear these in mind

Time flies and we, the form 5 students, are approaching the end of our secondary school life. In a bid to encourage students to plan for our future career path, teachers have asked all of us to do a project called "Career Oscars". In this project, each group has to dig into a career field. After discussion, our group decided to gather information about social workers.

Social work applies to areas such as psychology, health, economics, community development, etc. Social workers hope to help everyone in need to embrace society. To be a social worker in Hong Kong, you must have a social work qualification recognized by the Social Workers Registration Board. In spite of fulfilling the requirements, having a true heart to work for others is vitally important.

It is generally known that every career field has its work ethics to be followed. It is the same for social workers.

First and most prominently, social workers should not discuss confidential information in public areas. To clients, social workers are ones they trust most and therefore, they are willing to express their feelings without worrying. Privacy of clients is a line that social workers should never cross over. Since social workers are bound to absolute confidentiality, clients are confident and comfortable enough to open up to them. If you want to be like this, it's simple to train yourself from daily life. Try not to discuss a person with others, and don't leave a comment on people unceremoniously. Especially when someone tells you a secret, do keep it confidential in order not to bury trust.

The second work ethic is allowing clients for self-determination. Self-determination refers to each person's ability to make choices and manage their own life. Social workers just take up a role to assist clients to find the exit of the maze. Where to go and how many steps to take after leaving the maze are decided by clients. Social workers do not have the right to inflict their thoughts on clients. It is hoped that people can feel that they have control over their choices and lives. To practice, students can try to support their friends by listening and cheering them up. When a friend tells you his trouble, you can think from his stance. Do not instruct him to do something but help him to identify the current problem.

Last but not least, social workers should respect the inherent dignity of clients. Social work emphasises human dignity and rights. A social worker should not only help those in need to deal with social problems, but also respect the unique value and dignity of each individual, regardless of their social status, gender, age, or language. Also, social workers should believe that everyone has the potential for development.

In school, we should treat everyone equally. Some schoolmates may have low academic achievement, some may be weak at sports, and some may not be able to socialise well. Notwithstanding, every individual has his or her shining point that should be discovered.

Thanks to "Career Oscars", we have gained deeper insight into social workers. I'm not sure if social work will be my future career, but the valuable work ethic will be in my heart, forever.

5A Ng Yat Yi

In the 'Career Oscars' project, I have chosen to investigate jobs about social worker deeply. As social work applies in many areas, social workers have a wide range of jobs. For instance, sociology, psychology, human biology, political science, health community development, law and economics, are all included in social work. As social work involves numerous categories, you may think that it will be relatively easy to join this industry instead of other jobs. Though, it is not the case, not everyone can easily become a social worker. In fact, to become a qualified social worker, we need to obtain the following work ethics.

The first work ethic that is necessary for being a qualified social worker is not to discuss confidential information in public areas. Before detail explanation, we need to clarify the definition of confidentiality— keeping everything that the client told you as a secret, which means that, the conversation will only remain between you and your clients. You may be curious, why confidentiality is essential? When people think they are in need and intend to ask for help, they might have unspeakable reasons. If social workers leak out clients' situations, it will make clients feel uneasy at all. Therefore, keeping the conversation confidentially with clients allows them to feel confident and comfortable enough to open up and share their situations, and we can ensure that we are providing necessary supports to them. Still, there might be some exceptional cases. Suppose that there are some serious cases of patients which need to be reported to the police station or fire service department, there will be a legal obligation to use patient's information to make a report. In this case, disclosing related information is accepted.

For the second work ethic, social workers need to respect clients and give them the right of self-determination. Throughout the whole treatment, all the decisions are supposed to be made by clients themselves. Social workers are usually act as a supporting role and conductor and can't bother clients' decision. For example, we can ask clients questions in a way like 'What's your feeling?' instead of 'Why do you think so?', which the former is a more neutral question than the latter, and give people a broader space to think and answer. It's important to promote clients' self-determination as they need to know what the choices and consequences are and take responsibility for choices they have made.

Last but not least, social workers need to respect the inherent dignity of clients. As inherent dignity is a basic human need, which means that every individual needs it. Some patients will be afraid of being hated or discriminated by others because of the flaw or rough life, all social workers need to do is to show respect to them, and they

will feel that their experience and opinions are valued and are formed without fear of physical, psychological or emotional harm. Consequently, clients will believe that social workers are trustful and willing to share more their own experiences and feelings. Besides, if they need more help, they will find social workers for help proactively.

After explaining three work ethics that a social worker should have in detail, I believe many of you will be interested in this industry and intend to join it. So, what action concrete actions can we take from now on in order to become a social worker? Everyone knows that applying subjects related to social work in university requires a high score in DSE. However, aside from it, other preparations are equally important.

First of all, students can participate in various social services. For example, senior from students can take part in flag selling activities on weekends or public holidays. Besides, we can also help tutoring primary school students with their schoolwork. We can find out some volunteering services that are suitable for ourselves in some volunteer organizations' websites such as Hong Kong Federation of Youth Groups. After joining these events, it will be great that you can carefully record and sort out the experiences and feelings you acquired, and these experiences can be accumulated as your personal life gain.

You may ask, why is it important to accumulate social experiences? In fact, applying for jobs that are related to social work requires good interview performance, which means having outstanding interpersonal communication skills is crucial. Interviewers will evaluate whether you are a good communicator during the conversation. If you have relevant volunteer experiences, you can share your authentic feelings with the examiner more freely, and the interview will go on more smoothly. Consequently, the examiner will be deeply impressed by your performance, which help you to stand out in the interview and increase the admission probability.

If you get well prepared, I'm sure you will be able to become a successful social worker. If you are really attracted by this amazing job, just go ahead and give it a try!

5B Fong Yan Tung

How to be a good game designer?

Do you know what game designers are? They are not only in charge of creating game plots and storylines, but also setting up character interactions and programmes for a game. Due to the heavy workload, they often work as a team and ought to possess some work ethics like being responsible, respectful and cooperative. Read on to find out more about the reasons and suggestions for developing these work ethics.

First and foremost, game designers should be responsible. There is no doubt that games play a vital role in our lives and the messages behind a game affect us subtly. Therefore, game designers have to make sure that their games can instill proper moral values into players and give them a sense of relaxation and satisfaction. This helps avoid spreading unhealthy and misleading information to players. To sum up, a game designer should be responsible for his/ her own decisions and actions. In order to foster responsibility, at school, we can submit assignments on time and prepare ourselves for examinations ahead of time. To reach these targets, we should prepare a timetable to help us manage our time wisely. Besides, we should also strike a good balance between schoolwork and health as both our physical and psychological well-being is as critical as our academic results. For instance, we can take up some hobbies and follow a balanced diet in an attempt to keep us in a good shape and ease stress from our hectic lives.

Second, respect to intellectual property rights is also an essential work ethic game designers ought to have. Game designers should not copy other designers' ideas or products and make them theirs without the creators' consent. For one thing, plagiarism shows disrespect to themselves and others. For another, it reveals how irresponsible they are to their own games. For the purpose of nurturing respect, as students, we ought to be aware of our words and behavior. For example, we have to cite any sources used in our homework. Meanwhile, we should always appreciate and learn from others' strengths.

Third, extraordinary cooperation skills are required. As mentioned previously, most game designers have to collaborate with others to share workload. Since there are many types of designers involved in a game, such as content designers, level designers, engineers and animators, it is indispensable for them to communicate with one another actively and politely. As a student, we may join some school activities and take up posts for clubs since they provide a platform for us to learn to collaborate with others. In addition, during lessons, we can take the initiative to ask questions and share our opinions with our fellows, especially when carrying out a group project, so that we can learn to be an active team player and make contributions to our team.

To conclude, being a fine game designer demands responsibility, respect and cooperation. Achieving these goals is a piece of cake if we follow the above-mentioned advice. Let's strive hard to become more responsible, respectful and cooperative!

A Professional Corporate Lawyer in the “baking”

We’ve all had cake, haven’t we? To get the perfect cake, no ingredient can be left out. Similarly, multiple work ethics work hand in hand to constitute the perfect corporate lawyer. Work ethics, which we define as a set of behavioral rules that foster a positive working environment, are highly sought-after soft skills by employers, as such skills can bring better career prospects and an augmented working experience.

A corporate lawyer, or an in-house lawyer, whose duties encompass a wide array of responsibilities, not only goes to court like the typical lawyer, but negotiates deals and acquires capital for expansion with a view to maximizing profits within the law. For our “Career Oscars” project, we’ve delved into three must-have work ethics of any corporate lawyer.

What’s the first ingredient that comes to mind when speaking of baking a cake? Flour, obviously, the most basic ingredient for any dessert, of good quality or not. A lawyer without moral intelligence is no lawyer, of good caliber or not. As prosecutors bringing criminals to chains, all lawyers should possess the ability to deploy ethical convictions to goals and plans, qualities ranging from conscience and fairness to transparency and candor. While a corporate lawyer’s key aim is to get the highest profits utilizing the least budget, under no circumstances should one take a gold rush to the highest revenue by defying personal integrity. Considering how one encounters a multitude of clients in one’s career, there’s no guarantee you’ll never be up against your former clients. Perhaps your corporation is suing them for breaking a contract, or your company is making an endeavor to negotiate a partnership. Yet, in any case, a corporate lawyer is obliged not to disclose any confidential information, from the company’s finances to prospective partnerships, to their current company they’ve sworn allegiance to. It is beyond dispute that the business world strives for profitability over anything, but being admirable is far more honorable than being profitable. It’s not worth forgoing your deep-seated reputation for one single paycheck.

To kindle moral intelligence, you can keep in mind that integrity is permanent, while rewards are not. Don’t snatch a better grade by cheating at the expense of your conduct. Don’t go behind your friend’s back at the expense of losing a long-standing friendship. Don’t forfeit what you have for that short-lived adrenaline rush.

Now that we’ve got the mould, eggs and milk come in to gel flour together and add texture to the cake. As for interpersonal intelligence, it glues and constructs business relationships. Multifaceted with perception, cognition and mediation, interpersonal intelligence is an indispensable quality of a corporate lawyer in maintaining relations. With perception, one can explore the goals of business partners, striking deals that better appeal to them or steering clear of disputes. With cognition, one can be on the lookout for closed body language to understand others’ emotions and thoughts. For instance, if your partner has crossed arms and an inscrutable face, you can bet they’re pretty much discontented and you should adopt a softer and more receptive approach. As for mediation, an in-house attorney, in charge of imposing company regulations, has to remain neutral and objective to get in depth with the standpoints of stakeholders within the company, reaching a final verdict that is unbiased and appeals to everyone. Of course, a corporate lawyer should always be candid and honest, but that doesn’t equal being brutally blunt and blurting everything out at the risk of destroying your business connections. Flexibility is key.

While some lucky ones are born with a knack of socializing, interpersonal intelligence can be acquired by daily practice. When hanging out with your classmates, see if their faces light up at the mention of food, or grow silent when you talk about a celebrity you dislike. When listening to your friend’s rants, try signs of acknowledgement like slight nodding and maintaining eye contact. Practice makes perfect; you’ll get the hang of it with more experience.

Last but not forgotten is strategic thinking, the leavening agents that kick your company into gear like a rising cake. Only when a person is endowed with critical thinking skills can you know that a company is in good hands. When an in-house lawyer can adeptly identify business opportunities and make make-or-break choices, the corporation can rest assured that they're on the right track. For example, the pandemic outbreak has impeded and hindered economic development. With expansion measures all set, a corporate solicitor has to devise possible outcomes and solutions for both situations of continual or retreat, a choice that can bring about the downfall of a company or a burgeoning beginning. After the decision has been made, in-house attorneys have to carry on despite the outcome and go to great lengths protecting the company's interests by law. Sure, an unbaked cake is edible, but only with a fluffy texture will it make one's mouth water. To ensure long-term success, strategic thinking is a necessity to keep the company running.

Nobody has innate strategic thinking skills, you can only acquire such by consistent observation. Make it a routine exercise to explore the endless possibilities in life. What if electricity went out in school hours? What if exams were replaced with regular assessments? Let your imagination run wild; only with creativity and bizarreness can one develop critical thinking just in time for emergency. Join debate competitions. Take on the role of a club committee member. Read the news. Only by immersing yourself in opportunities can you thrive with strategic thinking one day.

Only by mixing all ingredients together will you get a sweet, syrupy scrumptious cake. Only by possessing all the above work ethics will you display professionalism and competence as a corporate lawyer.

5C Lo Wing Nok

Speakers for The Dead

Corpses can speak. Not through their mouths, but their bodies. Their torsos are a language in and of itself, interpreted by forensic pathologists. By performing autopsies on the dead, pathologists can determine the cause and manner of death, and the identity of the deceased, thereby communicating with them. Though the conversation is not mutual, the rights of the deceased are protected in the process: justice could be served when perpetrators who have committed the deadly crimes are found and put behind bars with the help of forensic pathologists; the families of the hapless victims could receive closure when the truth of what happened to their loved ones comes out. To find further evidence supporting theories made by examining bodies, forensic pathologists also visit the crime scene to collect trace evidence. Without a shred of doubt, forensic pathologists truly are the speakers for the dead.

Representing apparitions is not a job for everyone; one should be equipped with three work ethics to be deemed suitable for the duty, namely objectivity, a sense of respect and meticulousness.

Objectivity is a must-have for everyone working in law enforcement. Being able to detach from one's emotions plays a crucial role in making the right decisions. This is especially true for forensic pathologists. If they were to let their personal agenda cloud their judgments, not only would the real truth be hidden, but an innocent man might be incarcerated for a crime he didn't commit. Take Charles Smith as an example. He was an American forensic pathologist who specialised in children's autopsies. It is of course gut-wrenching to see young lives taken away before they have a chance to flourish. But is it justifiable for Smith to obsess over finding killers to a point where he acted on his own feelings rather than logical deductions? Actual human beings were put away for life because he decided to present evidence in a way that would send someone who he thought was a perpetrator to jail. More harm was done in the process. Cases had to be reopened so that law enforcement could ensure that the right people were paying for the crimes. Families had to relive the horror of attending court trials again and

listening to the horrendous graphic details of their loved ones' last moments of life. Objectivity is an indispensable work ethic.

To possess objectivity, students should be more aware of when their biases are affecting their decisions. Asking ourselves some questions before we set on a conclusion could be the way to go. "What am I feeling right now?" "Could my affiliations with somebody influence how I perceive this situation?" These are the sample questions that might help us understand our decision-making process. Developing a habit of self-introspection will train our brains to turn this into a default mode. As times goes on, we will be able to register our biases and not to yield to them. Then, we can stay impartial most of the time.

A sense of respect might be an odd work ethic for forensic pathologists upon hearing it. Who do they have to respect? The dead and the living. First and foremost, the immediate family of the deceased has the right to refuse to an autopsy, limit the extent of the examination, or object to keeping samples taken from the corpse. Even though a forensic examination of a body can help law enforcement find heartless killers, pathologists still have to respect the family's choice, while not acting based on their sole emotions. They can also display reverence towards the dead. They have to bear in mind that the cold, pale, soulless body in front of them was once a human being and deserve the same dignity as the living ones. Therefore, when they lacerate the body, they have to make sure not to deform it.

Students can learn deference by showing respect towards teachers, parents, and classmates. Understand that teachers are devoting their time to helping us improve comprehensively, and we should be grateful for their generous dedication. Parents love us unconditionally, nurture us the best way they can and guide us to succeed. Shouldn't we know that they do not owe us anything and we should appreciate their love and support? In that way, a sense of respect will naturally arise. As for classmates, respect them simply because we are all the same species and deserve fair treatment.

Last but not least, meticulousness is a requisite for being a forensic pathologist. Their job literally determines the life and death of a suspect. Having an eye for detail when analysing corpses and crime scenes help detectives profile the right person responsible for a deplorable crime. Collecting fingerprints and DNA from the dead alone can help a long way. Suspects could get away if there wasn't enough evidence gathered from a corpse. A killer being let out on the streets is unimaginable.

We can learn how to dot the i's and cross the t's when accomplishing simple tasks in our daily lives. For instance, proofread our emails before sending them out to students and teachers. Read the exam questions carefully before writing down the answers. Read your friends' facial expressions to see if they are under the weather and need help. These tiny and seemingly unimportant acts are instrumental to developing a habit of having an eye for detail.

Forensic pathologist is an obscure job that most of us haven't heard of. But their contribution to society is undoubtedly bigger than their reputation. We can all learn a thing or two from their work ethics even if we don't want to converse with cadavers. I would like to thank teachers for organising the Career Oscars project so that we can all have a valuable lesson outside of classrooms.

5C Ko Ting Yan

Our superheroes!

After looking at the title, what occupation will you think of in your mind? Doctors? Nurses? Fire fighters? I'm going to introduce the superheroes in my mind -- social workers.

Let's define social work first. Social work is work carried out by trained personnel with the aim of alleviating the conditions of people who are suffering from social deprivation. How about social workers? Our group conducted an interview with one of the social workers at our school, Flora, who shared many

valuable experiences with us. If you say her job is to chat with students, it's undoubtedly an understatement. Whenever students seek help, she will express her full support and encouragement to them. Challenging though the work is, she never calls it a day.

There are three crucial work ethics of social workers that I would like to share with you. First, social workers have to be objective and impartial. Social workers should be unprejudiced. What will the situation be if they are biased? Their clients cannot be given professional judgements. First, they should get acquainted with others by observation and conversation but not labelling their clients blindly. Moreover, treatment towards the clients should not differ or diverge. According to the National Association of Social Workers (NASW), one of the ethical principles social workers should follow is to respect the dignity and worth of a person. Judging people just because of their imperfections is really inappropriate. Let me give you an example. An underachieving youth was described as unmotivated and slack by his mum and his teachers. In this case, social workers should not use others' impression of the youth to judge him. It is so significant that social workers should be objective and impartial.

The second ethic is confidentiality. As clients take social workers into their confidence, it is essential to build a private and safe environment of trust for counselling. Sharing of clients' information is only on a 'must know' basis. Social workers should keep the information of their clients confidential unless there will be serious, foreseeable and imminent harm to a client or other identifiable persons. In a school context, communication with different parties like teachers and parents could be critical in resolving the challenges that the student is facing. Therefore, social workers would try to seek the agreement of the student to collaborate with various people. What's more, social workers can easily get some powerful information of their clients. Such information can affect people's ability in many aspects, for instance, in obtaining jobs, bank loans and life insurance. So, keeping clients' personal information confidential is really crucial.

Maintaining professional relationships is the third work ethic. Social workers should be alert to potential, perceived or actual boundary crossings or violations within the social worker-client relationship. Also, they have to ensure their clients' engagement skills are healthy such as clarifying their roles clearly that they are social workers instead of the clients' friends. Moreover, it is not advisable for social workers to give their private personal information to their clients to make sure the relationship between them is not beyond ethical borders. As a result, it is critical for social workers to be aware of having dual relationships with their clients.

Regarding what actions that students can take to develop the work ethics mentioned, here are some handy tips for them to follow. To revamp impartiality, we can assess every situation on an individual basis and also social context so that it won't make you biased. If we adopt the stereotypical comments on social media platforms, we will easily become biased. Therefore, we can try not to believe in those comments. Also, we can try to put ourselves in someone else's shoes. We can try to understand that we all have our own limitations attributed to our personal experiences before making a judgement. We will become more sympathetic and can see things from different perspectives. To improve confidentiality, we can try not to let the cat out of the bag when chatting with others casually. Instead, we should be discreet when handling and discussing someone else's private information too. To maintain professional relationships, I believe that the majority of you have at least one responsible post in an interest club or society. We can try not to play favorites with the one who has done the wrong things in case he or she is our friend. It is of paramount importance to sustain professional relationships even with our peers or close friends.

I hope you can know more about social workers after reading this article. Do you think social workers are superheroes in our society now?

The Work Ethics of Lawyers - A Crucial Role in Safeguarding Our Community

Lawyers are one of the most respected occupations across the globe. The rule of law, one cornerstone that has long been the focus of considerable attention in our society and for the international community, is the defining ideology of all Hong Kong citizens. Lawyers play a vital role in maintaining the core values and functioning of our well-reputed legal system. As a part of their daily duty, they ensure that every individual within our community, regardless of their race, age and status, has equivalent access to justice and equality.

To perform their duties effectively, lawyers are required to strictly adhere to three principal work ethics. They are honesty and integrity, independence and empathy.

Lawyers must uphold the highest standards of honesty and integrity toward their clients. By doing so, they should exhibit absolute loyalty towards their clients, press every advantage in their favor, and maintain confidentiality. Clients are normally unfamiliar with the law as they do not have experience in comprehending complicated legal procedures. Therefore, they resort to lawyers to safeguard their interests. Lawyers should provide accurate and professional advice to clients and give the best solutions to the problems they face. In addition, they would fight for maximizing the interests of the clients while protecting their privacy and information security. By accepting a client's request, lawyers have committed to solving their problems with all their efforts on time. To better illustrate this, take a look at this counter-example. Imagine you are a person who plans to purchase a flat. Since relevant legal processes are complicated and you struggle to understand them, you approach a lawyer and hand over the first installment, asking them for help. They become your only hope for having a successful trade. After a while, you notice the lawyer disclosing your information to third parties and charging you a higher price than it is supposed to be. You are furious at the unacceptable behavior of the lawyer that has caused you unexpected losses and uncertainty in your trade. In this case, not only is the customer's interest affected, but also the lawyer's career pathway. Customers who find themselves swindled by certain lawyers will share this experience with their friends or even through the media with the public. This seriously discredits the lawyers and law firms. A trustworthy image takes years to build, seconds to break, and forever to repair. In the foreseeable future, the law firms fallen into disrepute are unlikely to gain valuable customers. Just as our interviewee Solicitor Mr. Alexander Leung said, "If the lawyer is dishonest and often lies, they are putting their client's, as well as their own future, at risk!" This is why honesty and integrity are the best policies all lawyers should follow.

Not only are honesty and integrity vital for a good lawyer, but independence is also important for them. It is the fundamental ethic across various legal systems that ensures fair and precise judgment. To achieve this, lawyers should prevent various factors from affecting their decisions. The first factor is economic influences. It means that a lawyer must not compromise their independence by offering or receiving financial assistance from their clients or authorities. Furthermore, the client must acknowledge any possible conflicts of interest. The purpose of this is to ensure the fairness and impartiality of the court and that the law can be well protected. Another factor to be avoided is public opinions. One of our interviewees, Barrister-At-Law and Legislative Councilor Ms. Eunice Yung describes the power of the media as the largest influence on a lawyer's work. This is because the media has the power to drive public opinion and create public pressure. These influences are often forceful and lawyers must stay independent from them under all circumstances. In short, independence is the key to providing unbiased advice and representation to a client. Think about these two questions: Do you think lawyers can discuss their cases with others? If they do so, does this violate the principle of independence? The answer is yes; lawyers can discuss their cases with others. According to Barrister-At-Law Ms. Eunice Yung, a lawyer can seek advice from some other professional associations. However, a confidential contract is signed. Our other interviewee Solicitor Mr. Alexander Leung told us that in

most cases, a few lawyers handle a case as a team, and they can get advice from each other. Nevertheless, they cannot seek advice from lawyers in other firms as this violates the confidential contract. To take this discussion further, let's look at a case. Once a lawyer's decisions are influenced by external economic incentives, it means that someone who needs legal advice cannot seek a reasonable service owing to external factors. They may not be able to show their reason or predicament why they committed the crimes. The sentences or consequences may be different, which leads to failure in upholding the fairness of the legal system. If a lawyer violates this principle, his license will be revoked and the clients can charge him for his unprofessional behavior. In short, independence in various aspects is crucial for lawyers to provide reliable services.

What about the very last work ethic – empathy? It is a character we might not notice in our daily lives, but it is especially crucial for lawyers when they handle cases. Empathy allows lawyers to establish emotional connections with their customers and achieve effective communication. It can be categorized into three main branches: empathy in Court, empathy towards the disadvantaged, and empathy towards the client. First of all, the courtroom is where the fate of a client's case is decided. To win the case, a lawyer must listen to and examine the client's situation with patience. And as the judge might not think in the same way, lawyers have to understand the judge's mindset to present the client's views in a way that fully protects their interests. Speaking of empathy towards the disadvantaged, there are two main things to be accomplished. Firstly, lawyers have to notice the vulnerable persons. The disadvantaged groups in our society require the most protection, but at the same time, they are usually afraid to speak out. Lawyers should reach out to them and get to know their needs. Then, based on their needs, they should offer necessary help, even though the clients may not have much money to pay for. That is because only in this way can justice and fairness be achieved in our society. Now, the most important part when handling a case is with the client. In some cases, clients are afraid to tell the full story and may conceal some parts. If lawyers show their empathy, the clients can feel that they are being heard and build an emotional sense of connection. They can easily open up and tell the full story so that lawyers can provide personalized legal advice and generate the most help. Some might wonder that if a lawyer shares empathy toward a client, do you think his or her decisions become biased when making professional judgments? The answer is no. Empathy should be used to better understand a client and provide the most viable solutions. It should be applied rationally in a way that respects the entire legal system and is not abused. In our interview with Barrister-At-Law Ms. Eunice Yung, she said if she is to handle a divorce case, by having empathy, she can provide her clients with more aid based on their personalities such as recommending a professional psychologist.

All in all, these ethics are not only important for lawyers but are necessary for all types of occupations. To help you achieve these goals, you may follow multiple viable steps so that you can start establishing them from the moment. Read more to find out.

First of all, how can you establish honesty and integrity? The simplest thing you can start with is keeping your words and commitments. Take the responsibility and make sure you accomplish everything you have promised, no matter whether it is about purchasing a McDonald's meal for your friend or completing a Career Oscars project. Moreover, do not be afraid of your mistakes and bravely admit those you make. Everyone makes mistakes, and it is perfectly fine. The more important thing is that after you make a mistake, don't be afraid to say, "I'm sorry, I got that wrong". Doing so means that you are willing to fix the mistakes and bear the consequences. Then, other people can rely on you for important matters.

Second of all, how can we become independent people? The most direct way is through reading and listening. You should notice all sorts of news and what is happening around you and use critical thinking to analyze the accuracy of information. Expand your mind and acquire more knowledge by listening to what other people have said. Eventually, you can develop your mindset. Also, do not get carried away by peer pressure and do not go with the flow. Friends' suggestions may suit you well as

you are of the same age. However, try not to get carried away easily. Think rationally and assess each situation carefully. Stand with what you believe is correct and do not change your actions to cater to the crowd.

Last but not least, how can you build empathy? Empathy, in other words, is the ability to understand others. So, you should start by being curious. Being curious allows you to gain a vast range of knowledge. You can experience the situation of other people. Practically speaking, you can try to spend time with people you know less well, and ask them about themselves, how they are, and what their life is like. While having conversations, put more attention to their facial expressions, gestures, and speaking tone. This can help you know what that person is feeling at the moment. By putting yourself into someone else's shoes, you can learn to work with more patience and in the most appropriate way.

Reading this article, have you gained more insights into the field of lawyers? Act now to develop the relevant work ethics that you find applicable to your future workplace.

5E Yung Tsz Yuet

The Work Ethics of Lawyers

Whenever we talk about lawyers, what would you think of? Many of us may have a mere impression on lawyers, that they are the protectors of law. However, do you know well about what they are actually doing? What are some criteria to be a well-qualified lawyer? Or, what are the essential ethics lawyers should have? You may not have thought of these questions before, and so was I. But the recent project, called “Career Oscars”, that I have been involved in, has given me a precious opportunity to dig deeper into the workplace of lawyers and the ethical qualities they should acquire. Therefore, I am eager to share with you what I have found out through the project. Let’s dive right into it.

In case you are not familiar with the occupation of lawyers, let me first give you some general ideas. Lawyers play an especially crucial role in every society around the world. As you may know, they are people who have the responsibility to maintain righteousness in our community. They also act as the keepers of our legal system, as well as the guardians of the core values that we have long upheld. They have done various works in order to take up this important place, including providing legal advice, drawing up legal documents and prosecuting or defending in court. All of these have contributed to establishing equality and justice in society.

You may wonder – if lawyers take up such a vital role in society, are there any fundamental criteria to certify them to perform their job in the right way? There are, indeed. Through working on the project, I have summed up three key work ethics that lawyers should stick with. They are honesty and integrity, independence and empathy.

Lawyers need to maintain the highest standards of honesty and integrity toward their clients. By doing so, they should exhibit absolute loyalty towards their clients, press every advantage in their favour, and maintain confidentiality. All the citizens, including you and me, are normally unfamiliar with the law as we do not have experience in comprehending complicated legal procedures. Therefore, we have to rely on lawyers to safeguard our own interests. This makes it more important for lawyers to provide accurate and professional advice to clients and give the best solutions to the problems they face. Besides, they should fight for the biggest interests of the clients while protecting their privacy and information security. Once a lawyer has accepted the client’s request, they have committed to solving their problems with all their efforts. To better understand this, let me share with you an example. Imagine you are a person who plans to purchase a flat and relevant legal processes are complicated that you struggle to understand them. So, you decide to approach a lawyer and hand over the first instalment, asking him or her for help. They become your only hope for having a successful trade. After a while, you

notice the lawyer disclosing your information to third parties and charging you a higher price than it is supposed to be. How would you feel? I am sure that you will be mad about that lawyer as you have been cheated by the only one you can resort to. Therefore, it is clear that the client's interest will be seriously damaged if the lawyer is dishonest. In fact, not only is the customer's interest affected, but also the lawyer's career pathway. Customers that find themselves swindled by certain lawyers will share this experience with their friends or even through the media with the public. This seriously discredits the lawyers and law firms. A trustworthy image takes years to build, seconds to break, and forever to repair. In the foreseeable future, the law firms fallen into disrepute are unlikely to gain valuable customers. As Solicitor Mr. Alexander Leung said, "If the lawyer is dishonest and often lies, they are putting their client's, as well as their own future, at risk!" This is why honesty and integrity are the best policies all lawyers should follow.

Apart from honesty and integrity, independence is also key work ethics for lawyers. It is the fundamental ethic across various legal systems that ensures fair and precise judgement. To achieve this, lawyers should prevent various factors from affecting their decisions. The first factor is economic influences. It means that a lawyer must not compromise their independence by offering or receiving financial assistance from their clients or authorities. Furthermore, the client must acknowledge any possible conflicts of interest. The purpose of this is to ensure the fairness and impartiality of the court and that the law can be well protected. Another factor to be avoided is public opinions. Barrister-At-Law Ms. Eunice Yung describes the power of the media as the largest influence on a lawyer's work. As all of you have experienced, growing up and living in the technology world, the myriad of media around us has the power to drive public opinion and create public pressure, which we could hardly escape from. What a good lawyer should do is to stay independent from them under all circumstances, providing unbiased advice and representation to a client. However, you may question, does it mean that lawyers cannot discuss their cases with others? Does it violate the principle of independence? According to Barrister-At-Law and Legislative Councillor Ms. Eunice Yung, a lawyer can seek advice from some other professional associations but a confidential contract needs to be signed. And Solicitor Mr. Alexander Leung also told us that in most cases, a few lawyers handle a case as a team, and they can get advice from each other, but definitely not seek advice from lawyers in other firms as this violates the confidential contract. Back to the topic, why is it necessary for a lawyer to be independent? You may think, once a lawyer's decisions are influenced by external economic incentives, it means that someone who needs legal advice may not seek a reasonable service, which leads to failure in upholding the fairness of the legal system. If a lawyer violates this principle, his or her licence will be revoked and the clients can charge him for his unprofessional behaviour. In short, independence in various aspects is crucial for lawyers to provide reliable services.

One more ethic for lawyers that we should not forget is empathy. It is a character we might not notice in our daily lives, but particularly significant for lawyers when handling cases. Empathy allows lawyers to establish emotional connections with their customers and achieve effective communication. It can be categorised into three main branches: empathy in court, empathy towards the disadvantaged, and empathy towards the client. First of all, the courtroom is where the fate of a client's case is decided. To win the case, a lawyer must listen to and examine the client's situation with patience. And as the judge might not think in the same way, lawyers have to understand the judge's mindset to present the client's views in a way that fully protects their interests. Speaking of empathy towards the disadvantaged, there are two main things to be accomplished. Firstly, lawyers have to notice the vulnerable persons. The disadvantaged groups in our society require the most protection, but at the same time, they are usually afraid to speak out. Lawyers should reach out to them and get to know their needs. Then, based on their needs, they should offer necessary help, even though the clients may not have much money to pay for. That is because only in this way justice and fairness can be achieved in our society. Now, the most important part when handling a case is with the client. In some cases, clients are afraid to tell the full story and may conceal some parts. If lawyers show their empathy, the clients

can feel that they are being heard and build an emotional sense of connection. They can easily open up and tell the full story so that lawyers can provide personalised legal advice and generate the most help. Just like when you are talking with your friends, if your friends show more care and empathy, you will feel more reassured and relieved to share your story with him or her. Otherwise, you would probably be reluctant to talk about anything about yourself. It is the same for lawyers. For instance, If a lawyer needs to handle a divorce case, by having empathy, he or she can provide the client with more aid based on their personalities such as recommending a professional psychologist. However, you might wonder that if a lawyer shares empathy toward a client, will his or her decision become biased? The answer is no. The empathy I have just mentioned should be used to better understand a client and provide the most viable solutions. It should be applied rationally in a way that respects the entire legal system and is not abused.

I have already shared a lot on the three principle work ethics of lawyers. In fact, these three principles are not only important for lawyers, but are necessary for all types of occupations. Therefore, no matter which career path you choose, it is beneficial for you to develop these ethics. So, as secondary school students, what are some practical and concrete things we can do to build up these work ethics? I have come up with a few ideas and useful tips that you can follow so that you can start establishing them from the moment. Read more to find out.

First of all, how can you establish honesty and integrity? The simplest thing you can start with is keeping your words and commitments. Take the responsibility and make sure you accomplish everything you have promised, no matter whether it is about purchasing a McDonald's meal for your friend or completing a project. Moreover, do not be afraid of your mistakes and bravely admit those you make. Everyone makes mistakes, and it is perfectly fine. The more important thing is that after you make a mistake, do not be afraid to say, "I'm sorry, I got that wrong". Doing so means that you are willing to fix the mistakes and bear the consequences. Then, other people can rely on you for important matters.

Second of all, how can we become independent people? The most direct way is through reading and listening. You should notice all sorts of news and what is happening around you and use critical thinking to analyse the accuracy of information. Expand your mind and acquire more knowledge by listening to what other people have said. Eventually, you can develop your mindset. Also, do not get carried away by peer pressure and do not go with the flow. Friends' suggestions may suit you well as you are of the same age. However, try not to get carried away easily. Think rationally and assess each situation carefully. Stand with what you believe is correct and do not change your actions to cater to the crowd.

Last but not least, how can you build empathy? Empathy, in other words, is the ability to understand others. So, you should start by being curious. Being curious allows you to gain a vast range of knowledge. You can experience the situation of other people. Practically speaking, you can try to spend time with people you know less well, and ask them about themselves, how they are, and what their life is like. While having conversations, put more attention to their facial expressions, gestures, and speaking tone. This can help you know what that person is feeling at the moment. By putting yourself into someone else's shoes, you can learn to work with more patience and in the most appropriate way.

I hope that you can get more insights into the career field of lawyers. I also hope that you can find the above tips useful and that they can help you become an honest, independent and empathetic person. No matter if you want to become a lawyer or not in the future, I do think these qualities acquired have a constructive impact on your entire life. Therefore, I highly encourage you to build up all these qualities. Lastly, I wish all of you the best in your future career.

The Gardener of Mental Health: Social Worker

Under the continuous strike of COVID-19, the number of people in urgent need of mental health services has vastly surged yet many are still languishing on waiting lists of psychiatric outpatient clinics. More and more social workers have entered our line of sight. What would you think of when you see a social worker? Merely a listener, or just another caring friend? In fact, they serve people with mental distress at any age through various face-to-face meetings, creating relief plans, and offering emotional support to help them get through the transition period before they receive professional treatment.

Indeed, their work is not as easy as a piece of cake, and so they deserve great respect. If you are interested in being a social worker, here below are three paramount work ethics that you must bear in mind, as well as some advice for you to establish concrete qualities to better equip yourself.

Firstly, reckoning the clear boundary between social workers and clients is indispensable for giving objective suggestions and avoiding ethical issues. To illustrate, if a social worker and a client develop close relationships, the client may become over-dependent and their meetings may involve unnecessary personal feelings that hamper decision-making and rational advice-giving. Moreover, intimate relationships are likely to stimulate extra emotional distress, for instance, anger, disappointment, anxiety, and so on, which may backfire by hugely worsening the unstable mental status of the client.

Secondly, ensuring confidentiality is another imperative work ethic to learn. According to a survey conducted by the Simmons College School of Social Work, over 97% of interviewees agree that maintaining confidentiality is the ethical and legal obligation of a social worker. With higher confidentiality comes easier trust-building between social workers and their clients, it provides the patient with a sense of security and boosts his/her willingness to share more information regarding their confusion. In short, social workers can find the right antidote by understanding the client's situation in detail.

Lastly, self-determination is one of the crucial work ethics to be remembered. Social workers should never encourage their clients to make a choice based on the social workers' opinion. Instead, they are to help inform the clients with adequate resources and let the clients make their own decisions instead. Since individuals have the right to have full power over their own lives, regardless of the presence of an illness or disability, they should always be respected.

To sum up, what exactly should we do to be well-equipped to be a conscientious social worker in the future? Why not attempt enrolling in online or local-held workshops specialising in internships for social workers or apply for part-time social worker occupations? If so, you may gain experiences from the professionals and have self-reflections after everyday internship by putting yourself in an actual social worker's shoes to anchor the three work ethics. Furthermore, as a student, you may extensively and proactively read extracurricular books about social workers to learn useful persuasion skills and be flexible by learning new neural pathways. As a result, you can manage to provide rich resources and give sound advice to your clients.

The world is in pressing need of an environment where people possess good mental health. If you are the one hoping to lend a helping hand, I hope the above recommendations and information are helpful and we are looking forward to seeing a better place filled with happiness.

Topic 2

Your school recently conducted a career activity in English lessons called 'Career Oscars', in which all F.5 students were required to do an oral presentation on work ethics pertaining to a specific career field. You took part in the activity and now you wish to share this learning experience with your CLP teacher.

- Write a letter to your CLP teacher.
- Describe the difficulties encountered and how they were overcome;
- Give ONE suggestion on what you could have done better;
- Suggest TWO benefits of taking part in Career Oscars in enhancing students' career and life-planning knowledge and skills compared with career talks given by alumni or professors of universities, etc.

5B Ng Jennifer Nok Hei

Dear Mr. Kung,

Recently, all F.5 students participated in a career activity called the Career Oscars, in which students are required to do an oral presentation on work ethics pertaining to a specific career field. I am writing to share with you my learning experience.

Firstly, the coronavirus was the biggest obstacle we met in this presentation. In this activity, we were required to give an oral PowerPoint presentation. Nevertheless, Hong Kong was experiencing the third wave of coronavirus outbreak, which meant our group could not engage in any face-to-face discussion and preparation. In order to overcome this challenge, we held a zoom meeting every one to two weeks. In the meeting, we checked the PowerPoint slides we had made so as to ensure that everything was alright. Meanwhile, we sought advice from one another with a view to achieving a rich and detailed presentation. Finally, our hard work paid off. We finished our preparatory work according to our work schedule.

Although a detailed PowerPoint had been made due to our groupmates' concerted effort, my fear of giving a 3-minutes presentation in front of our classmates could not be conquered. I failed to control my pace in the speech and lacked eye contact. I might also struggle with transitions between ideas and my eyes were glued to the notecard. To improve, I tried to record and review my presentation so that I knew what and how to improve. I believe that my confidence could be boosted after frequent practices and my presentations would become more fluent and natural.

After finishing the project and seeing all groups' presentations, I think there are two benefits of taking part in the Career Oscars in enhancing students' career and life-planning knowledge and skills as compared with career talks given by alumni or professors of universities.

Firstly, the Career Oscars can enrich our self-understanding. In this project, students were required to give a presentation to introduce 3 vital work ethics of the job chosen. As every job's nature, requirements and work ethics were different, students could explore more about different jobs and consider whether we were suitable for a particular job after listening to our peers' presentations. For example, when we listened to our presentation about architects, we would understand that an architect has to plan, design and oversee the construction of the buildings, which necessitates a high level of caution. If a student is not a prudent person, he/ she may have to think up ways to improve himself/ herself. On the other hand, talks given by alumni or professors can only give us limited information about one or two jobs and it is difficult for students to attend every talk. That is way these talks may not

be as enriching as the Career Oscars. In conclusion, we can have a better understanding about ourselves through the Career Oscars project since our career and life planning knowledge and skills can be sharpened.

Secondly, the Career Oscars has helped students to have self-reflection. Students were required to give some suggestions about how to develop work ethics in our daily life, for instance, having a well-planned schedule and fostering a productive mindset. After gaining these valuable insights, students can review ourselves and evaluate how we can be better. On the other hand, talks held by alumni or professors may be less reflective and cannot give students concrete suggestions based on the circumstances we are facing.

In conclusion, the Career Oscars project is a precious opportunity for students to have an all-round learning experience to get inspiration about our career and life-planning.

Yours sincerely,

Jennifer Ng

Jennifer Ng

5D Cheng Cheuk Yiu Isaac

Dear Miss Lam,

I am writing to share my glimpse and feelings after taking part in 'Career Oscars', the career activity in English lessons. Three groupmates and I have done an oral presentation on work ethics of psychologists and this must be a once-in-a-life-time opportunity for all of us that we've all gained substantial benefits from it.

Undoubtedly, there were a few difficulties throughout the process. To commence with, the first difficulty encountered lies in finding an interviewee. It was formidable to successfully invite a psychologist who didn't know us completely to share the job ethics of his job. We sent our first invitation in March, yet no reply was received after one week and subsequently four more invitations were made to psychologists from both Hong Kong and Taiwan. Unfortunately, we still couldn't get a reply after sending out the invitations. Not until the first reply had been received in May could we finish our PowerPoint presentation in time.

During the course of invitation, we adhered to the belief that 'nothing is impossible with a willing heart'. Every time we failed to receive a reply, we would look back on our invitation letter and review our appropriacy, including formality and tone, such as asking ourselves whether the use of the word was too arrogant and whether it was appropriate to add emojis in the message. Consequently, we would modify our invitation message and thus the six messages we sent were heterogeneous.

Secondly, the another difficulty encountered is the lack of effective communication between groupmates. Due to the large outbreak of COVID-19, what we could do was nothing but communicate with one another online, which was not efficient. On online platforms like Zoom, the Internet of one groupmate was so unstable that he kept getting in and out of the meeting. Besides, the microphone of one groupmate was out of order and it ended up that he could only type in the chat room to communicate. Worse still, two of the groupmates contracted the virus at different times and they felt so sick that we had to stop the discussion for two weeks.

Afterwards, we were lacking in clear goals and had ambiguous division of labour, resulting in repeated contents in the presentation of each member. Then, we realized the problematic bottleneck

very soon and our group leader set up a clear target list. Additionally, we used WhatsApp to discuss instead of a meeting. Though groupmates may not reply instantly, the tasks were clearly shown and well-recorded.

I think I could have done better in my time management. With a better utilized time, I could have sufficient time to be familiarized with the script and rely less on my note card. Before the presentation, I didn't make the most of my time to memorize the content, leading to a performance without confidence and fluency. Also, I finished my part just at the night before the deadline and I was exhausted that night.

The benefits of Career Oscars brought to us are two-fold. Firstly, we could seize this precious opportunity to get to know the job more holistically. It is varied from joining talks which are passive learning. Career Oscars mainly involve active learning and we have gone through the process of doing research and delving into details on our own, contributing a profound impact on our horizons. This is because we were exposed to new knowledge in the contemporary world, such as some important work ethics in the workplace, not only in a particular sector.

Secondly, we have learnt that we should not judge a job on its surface, but to search for more details and take a closer examination on what it is about. We should also know about what work ethics are needed if we choose to engage in a particular field, and see whether we possess these abilities. Take psychologists as an example, psychologists should not be easily affected by patients' sad stories and they should strike a balance between objective professional comments and feeling the difficulties faced by patients. A great effort is needed to make a treatment effective. If we find that we are vulnerable ourselves, the job of psychologists does not suit us.

To conclude, Career Oscars is beneficial to our life planning skills and is advantageous to our whole life.

Best regards,

Chris Wong

5D Mok Chun Hei

Dear Ms. Lam,

Thank you for organizing Career Oscars! I really enjoyed the English lessons and learnt a lot from listening to my classmates' presentations and from gaining hands-on experience working on it myself. I would like to write to you to share this unforgettable learning experience with you.

Firstly, having difficulties in the Career Oscars project was inevitable and consolidated my skills in handling interpersonal relationships. For instance, I had a slight row with my groupmates. We chose software engineers as the industry for our project, but unfortunately, one of our teammates was not fond of this occupation owing to his lack of interest in computers and technology. As a result, we could hardly communicate at first. For example, we originally assigned the topic of self-motivation for him to prepare, but he ended up working on the topic of hackers without notifying the group. At first, the rest of the group was quite discontent with him. However, we acknowledged our fault for not properly consulting and communicating with him when we assigned the topics and later further discussed a better division of labour to cater for everyone's needs and interests. We apologized to each other and showed mutual understanding, which contributed to the quality of the final presentation.

Another problem which I faced is regarding the interview with our alumnus, Mr. Tang. He is a successful software engineer in the workplace so we were very eager to be able to interview him. However, we did not prepare enough follow-up questions, making the interview filled with dead silence.

We knew we did a poor job seeing Mr. Tang's frowns on his face. In the end, we apologized to Mr. Tang and he elaborated on his ideas given in the interview more when we texted him. Despite the unpleasant experiences of both the interviewers and the interviewee, we overcome them by showing our regrets to Mr. Tang, which improved our interpersonal skills.

In addition to the difficulties which I overcame, there were some situations in the project in which I could have handled in a better way. Let me give you an example. Our group was invited to present in front of Form 4 students. When I entered their classroom, I was calm and casual. Just as I thought this was merely an ordinary oral practice, my nerves suddenly kicked in. Seeing a class of complete strangers with teachers' eyes staring at me with high expectations, I could not think of my next line as my mind went blank. I stuttered and muttered as I regretted not bringing any notecards with me. When I was walking out of the classroom, I was disappointed with my performance. In hindsight, besides being well-prepared with notecards to be referenced during the presentation, I should have been calm, rephrased and repeated my ideas so as to let the audience understand the content of the presentation. I hope that I can apply this experience in future oral exams.

Despite the difficulties faced and flaws in my presentation skills, I have learnt a lot regarding career and life-planning knowledge and skills. One benefit of this project is that it puts me in a realistic situation. Unlike career talks by alumni and professors, who are usually successful in their fields and distant from us in the social hierarchy, we interviewed our alumnus, Mr. Tang, who has recently graduated and was recruited by a tech company. He found the right path for his career and is more relatable to us. He truly inspires us to pursue our dreams in our careers.

Furthermore, our interpersonal network has expanded too. In the usual career talks, the speaker lacks interaction with the audience, making the bonds between the speaker and me weak. In contrast, in the interview, my group and Mr. Tang were like friends chatting, which gave us the impression that it is a lively field of career. He also gave us job recommendations and further advice. We established close links in this project, expanding our social circle in the industry.

Through Career Oscars, I acquired useful experience and enhanced my knowledge about my prospective career. This has been a precious learning opportunity and I sincerely appreciate the efforts of you and other teachers.

Yours sincerely,

Chris

Chris Wong

5D Huang Leung Kei

Dear Miss Lam,

I have taken part in an activity called Career Oscars and have learnt a lot from it. I am therefore writing to share the magnificent learning experience with you and to excitedly inform you that our group has done a great job.

Despite the extraordinary performance at the end, we have encountered enormous difficulties during preparation. As we started working on the project, we soon found out that our understanding of the theme that we chose, which is 'work ethics of doctors', is, frankly, quite shallow. Since we lack the first-hand experience of job shadowing at a hospital or clinic, or merely visiting hospitals and clinics to see how doctors work, due to the Covid-19 pandemic, our discussion and thoughts about doctors are

superficial, and based on our assumption and the characters of doctors in TV series sarcastically. We felt lost and confused at that point. However, fortunately, we came up with an idea, which is to interview people who had first-hand experiences, such as doctors and medical students. Thanks to the help of one of our groupmates, we were able to schedule an online meeting with a surgeon, who generously shared a lot about his work with us and provided us with strong and solid evidence for our presentation.

Besides, poor communication between groupmates due to geographical distance has been an obstacle for us. Group meetings could not be carried out face-to-face owing to the pandemic, so we adopted the method of using social media, like WhatsApp, for communication. Nevertheless, a huge problem soon exists. By messaging, barriers and misunderstandings easily grew due to the absence of tone and facial expressions. Two of our groupmates got into conflict because of 'attitude' issues and the project progress then came to a stop. Luckily, we promptly rectified the situation after we spotted the problem, and scheduled calls using Zoom, with cameras and microphones turned on. Consequently, the misunderstandings between group mates were solved and the project went well.

Although we had already done an excellent job in the project, there is one thing that still needs improvements – oral presentation. There are many accidents during our presentation that can be avoided by doing rehearsal. During the presentation, there were some technical problems with the slides, like the format of slides was wrong and it took too long to download the files. If we had done a rehearsal before the presentation, we could have the slides double-checked and it would not take so long on the presentation day. Moreover, we were not able to finish the presentation in a limited time. If we had done a rehearsal, we could have spotted the problem and shortened the time of speech.

Even though there were imperfections in our presentation, overall, it has brought a wide variety of benefits to students.

Firstly, Career Oscars deepens students' understanding on a specific topic, possibly their future career field. As students were asked to do research and generate ideas by themselves, they had to process information inside their brain, which has taught them to learn actively and do self-directed learning. Compared with career talks by alumni and professors, which students learn passively by only absorbing knowledge instead of outputting knowledge, Career Oscars is more effective in giving a strong impression of knowledge to students.

Secondly, Career Oscars promotes distinct growth in students' presentation skills. As it involves oral practice, which enhances their delivery and other oral skills, it can more effectively help them acquire these skills. But for career talks by alumni and professors, students would not get the chance to practise although the alumni and professors have set great examples for them.

To conclude, I deeply enjoyed the experience and felt inspired. I wish there will be more chances like this for other junior students.

Yours sincerely,

Chris Wong