

F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 1-hour Interview—Champion

4E CHEUNG CHIN LAM SIU YUK LAM ALBERT TONG CHUN YIN WONG CHUN LAM

We have interviewed Dr. Ma, who is a neurosurgeon. A good doctor is a doctor who can provide comfort to his or her patients and isn't based on the ranking of his / her hospital. In order to become a doctor, Dr. Ma advised us to try to play more with others (to hang out with others). By interaction, we can sharpen our communication skills and develop a deep understanding for others. The empathy and social skills learned through playing is of utmost importance in being a good doctor.

Dr. Ma's profession is to help save lives of those who have a stroke, so he guided us through his operation room. He let us put on leaded vest, which he uses to prevent radiation from harming his body. He also let us try using ultrasonic sensor to scan our necks, showing our blood vessels.

When we asked Dr. Ma whether AI will replace doctors, he told us if AI has the ability to deal with human emotions and that humans are able to date with AI, doctors will be replaced. This reply puts emphasis on the doctor's responsibility and importance of making patients feel comfortable.

The most unforgettable part of our interview is that Dr. Ma has prepared this interview with a written response, given that he has a hectic life and tight schedule. Once again, thank you Dr. Ma.

We would also like to thank our school for providing us this precious opportunity to learn how to make an interview look great on a video.



F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 1-hour Interview—1st Runner-Up

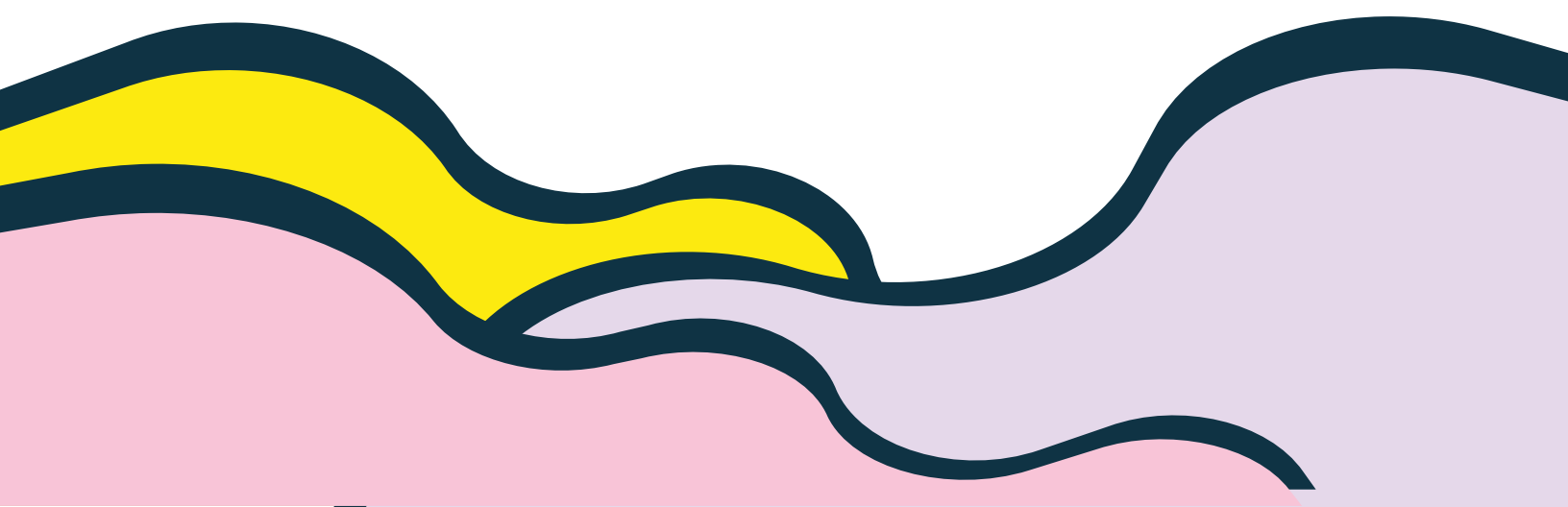
4C YUNG MAN YUET CHEK OI YAU LAM HOI CHING COBY WAN SAU YU

We interviewed Ms Yuan Him Ching, who is an animator.

Before the interview, we genuinely thought that being an animator is an easy job, just sitting at a desk all day and draw whatever comes to mind. After the interview, we have come to realise that being an animator means bringing happiness to others through designing animation and animated characters.

Ms Yuan mentioned that being an animator requires a certain level of interest and curiosity in animation. In fact, most careers require not only the skills and knowledge to achieve success, but also attentiveness to detail. Sometimes, being good at something does not necessarily mean you like that something, and that could be a sign that your chosen career may not suit you at all.

The project has enhanced our aesthetic development and aroused our interest in video making and editing because we had to edit the video and make it more interesting. We have learnt to use more tools and functions provided by video editing apps. The process was fun, and we have learnt a lot more about video making and editing.





F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 1-hour Interview—2nd Runner-Up



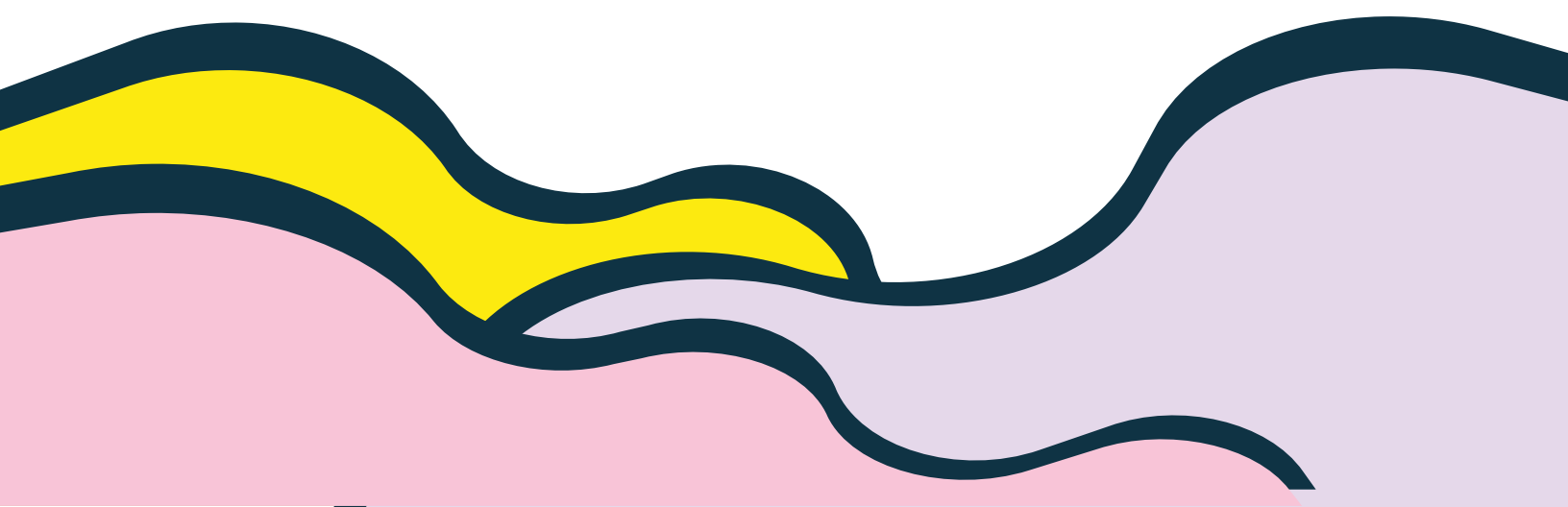
4B LAM CHUNG TIN TU KWAN YIU CHONG HIU CHING

We have chosen a psychologist as the career for the project and Sunny Tang Ho Yeung is the alumnus we interviewed.

The project has deepened our understanding of the meaning of success and the personal qualities needed to achieve success in the chosen career such as having the ability to help others, being happy, and running an organization sustainably. We have gained more knowledge about psychology, the industry prospect, and what we can learn from university if we choose psychology. Also, we know that the key to become a successful psychologist is being passionate and do not regret.

The project has deepened our understanding and interest in psychology, motivating us to organize a Psychology Club at school. We would like to look up for more information about psychology.

The most enjoyable part of the interview was when the alumnus talked about our teachers and shared with us his secondary school life. The project also enhanced and let us learn more about video editing. We encountered great difficulty when doing the project. After we recorded the interview, we discovered that the microphone was not working and the whole video had no sound. Therefore, we had to find another day and recorded the whole interview again. I think it is a worthwhile project for F.4 students to complete in the future as they can gain lots of experiences and improve their soft skills.



F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 15-minute Highlights — Champion

4D LAW YIN CHING LIU CHUN YIN NG LOK HIM TSE TSAN YEUNG

Our group focused on government lawyers as the chosen career theme. We had the privilege of interviewing Ms. Cheuk Chi Wing, an alumna who gave us valuable insights. Doing the project, we came to realize that true success is not solely determined by academic and professional accomplishments, but can also be defined by whether you can live a fulfilled and joyful life.

Through this interview and the whole project, we have gained a better understanding of not only the current social development, but also the scope of work of government lawyers. Besides, communication skills learnt in the IA lessons helped us speak with more confidence during the interview. These skills will continue to help us communicate effectively in different situations, enhancing our professional and personal interactions.

It was Ms. Cheuk's courageous attitude impressed us the most. She changed her job simply for the sake of leading a more balanced life. To attain more joy in her life, she resolutely switched from her previous job in the law drafting department to the Law Reform Commission. Her words made us reflect on our attitude towards life. We have come to realise that jobs are important to us not only because we need one to sustain our living expenses, but it is equally important to ensure our job can help us achieve our life goals.

The project enhanced our aesthetic development and sparked our interest in video making. Learning about setting up video cameras, preparation before shooting, and shooting skills gave us practical insights into the techniques of video production. The skills and experience of doing this project will surely help us if we make videos in the future.

F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 15-minute Highlights — 1st Runner Up

4E SU CHI TO YEUNG PING TAT WU TZE YIU YAM HIU TUNG

Our group had an opportunity to interview a director, Mr. Chan Tai Lee. He shared with us about the work of a director and his positive attitude while facing obstacles.

We have gained some insights from the project. Firstly, we learnt the importance of problem-solving skills and creativity. Directors often face numerous challenges during the filmmaking process, so learning from their experiences has taught us how to find innovative solutions to tackle problems in our own careers. We have been inspired to overcome obstacles with a proactive mindset. Through this project, we have had the opportunity to engage with professionals in movie taking. This exposure has motivated our group to explore for additional resources, and learning opportunities to brush up on our soft skills.

The most enjoyable part will definitely be the interview. We all have got to know a director who has filmed lots of amazing films. We all have got a remarkable memory that day.

I absolutely agree that our editing skills have improved. We believe that we all have been taken out of our comfort zone.



F.4 IA-CLP Video Mentorship (2022-23)
Group Reflection

Best 15-minute Highlights —2nd Runner-Up

4C AU-YEUNG TSZ HIM CHOI TSZ HAM LAM CHUI YI YIM KA SAU

Our group has chosen government officers as the theme of our project. We were honoured to have alumnus Ms. Chiu Wan Sze, Grace to be our interviewee and all of us have learnt a lot from her.

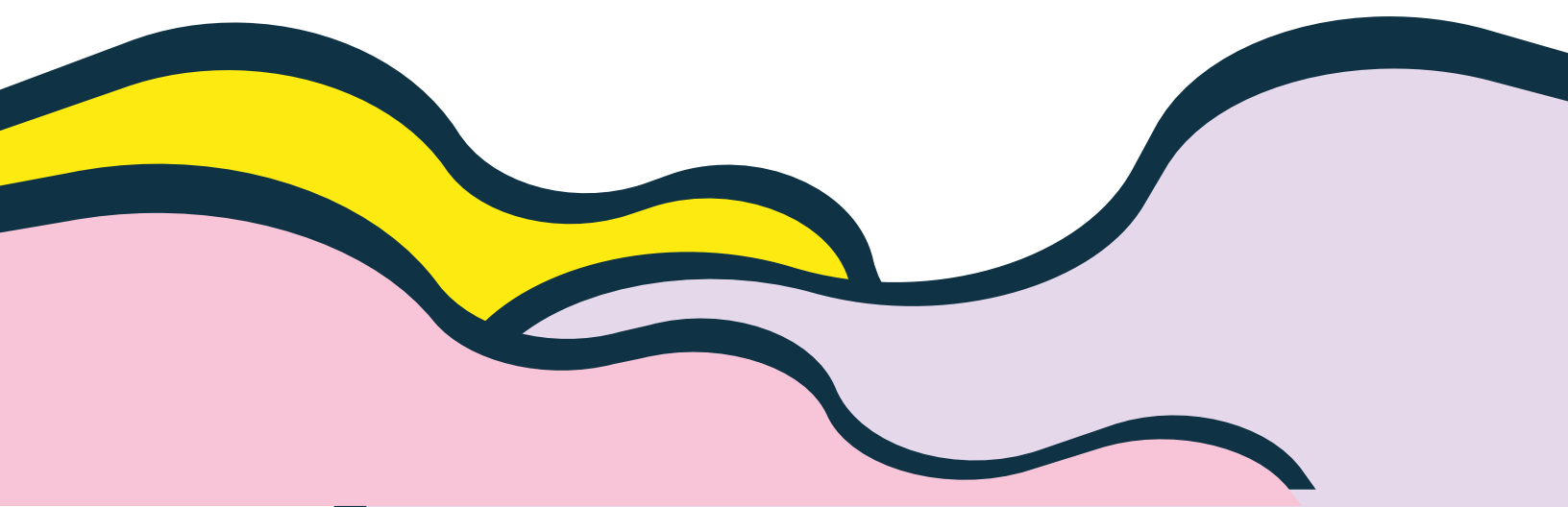
During the interview, Grace told us the reasons why she chose to embark on her career as a government officer despite studying law in university. This is really a memorable part since it inspired us that career paths will not be limited by the subjects we have studied. There are a multitude of positions we can take in society, so why not jump out of our comfort zone and explore our potential in different sectors?

Grace also emphasized the significance of socializing skills and putting ourselves in others' shoes. Soft skills and sympathy are definitely indispensable to most careers.

What is success? This question is quite thought-provoking as Grace had never thought about it before the interview. After listening to her answer, we started to realize how easy it could be to achieve success. Just do what we believe to be right and worthwhile.

Although we have confronted various challenges editing the video, we still find it meaningful. Thanks to this project, our problem-solving skills and technical skills of video editing have greatly improved. Hopefully, we can have an opportunity to make use of the skills acquired in our project, even in our future careers.

All in all, this project has equipped us with skills that will stand all of us in good stead.



F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Best 15-minute Highlights — Merit

4D BUTT CHEUK HEI CHAN YIK HEI KAN MING HEI LIN SING YU

We interviewed an alumnus called Mr. Chow Yee Tak, who is a postdoctoral research fellow in pharmacy.

Mr. Chow shared his career with us. It is not surprising that pharmacy required lots of knowledge about chemistry and the environment for doing research is not as well-developed in Hong Kong compared to foreign countries. It is not easy for those who would like to pursue a career in Pharmacy at all.

Other than his career, Mr. Chow told us that soft skills, especially communication skills, are really important in the working world. After finishing this project, we have known more about the meaning of success. Mr. Chow has told us a lot about what he thinks success is and what personal qualities are required in order to achieve success, such as persistence and responsibility.

We encountered some difficulties while doing the project. As the pandemic was still serious at that period of time, it was not easy to arrange a meeting outside the school. Also, Mr. Chow had to go abroad for further education and we did not have many days to finish the interview. Therefore, we had to discuss many details online and tried to finish the interview in one day and as fast as possible.

In spite of the difficulties encountered, the project has enhanced our skills in interviewing and video taking and editing. These are the skills that can be useful in different careers. Therefore, we all think that this project is a worthwhile one for F.4 students to complete in the future as it can improve our communication skills and cooperation skills. It can broaden our horizons and provide us with a chance to know more about the career that we may not know so much before.

F.4 IA-CLP Video Mentorship (2022-23)

Group Reflection

Most Creative Video

4A BUTT CHEUK HANG WAN CHUN WING YAU YAN LAM SAMUEL LEE TANNIA TING YI

We interviewed Agnes Wan. Inspired by Ms. Wong Wai Shan, she is now a school social worker.

Through the interview, we have come to realise that social workers should exhibit empathy and sympathy as they always need to put themselves in others' shoes, demonstrating understanding and empathising with their clients. We found that school social workers play a vital role in associating students with different parties, such as teachers and parents. They also make every endeavour to provide a harmonious school environment. We all think that we should give a big hand to social workers' relentless efforts.

Agnes also shared some of her daily routines. We therefore had a firmer grasp of the hectic working life of social workers. Although Agnes sometimes had to sacrifice her lunch time to help students with their emotional needs, she told us that she gained a sense of achievement and happiness after she had a chat with them. Therefore, we learnt that there isn't a clear-cut definition of success at all. It is all about dedicating yourself to the fullest with no regrets.

The most enjoyable part of the interview was that Agnes shared her stories about inspiring one of her clients to become a social worker. She was a supportive buddy in the heart of her clients. Even with little power, she can still influence others' lives. We were delighted to hear such heart-warming news and we have learnt that we should never belittle ourselves.

We also had an unforgettable experience in the filming and editing part. We practised our editing skills and finally made a memorable interview video. In our opinion, it is a worthwhile project for F.4 students to complete.