

S.K.H. Tsang Shiu Tim Secondary School

Plan on the Use of the One-off Grant for Promotion of a Sports Ambience and MVPA60 in Schools

(Revised on 16/9/2025)

Area		Planning	Budget
1	To develop or procure PE-/sports-related IT services, mobile applications and related software, as well as PE-/sports-related activity kits and supporting tools	1. Purchase a software to run the Athletics Meet that allows online applications, real-time competition results, and integration with the school website. (https://www.schooladminapps.org/aqualetic/index.php?page=intro)	\$5,000
2	To purchase or upgrade PE/sports equipment in the school	1. Movable Basketball Goal Posts • Enhances student participation during PE lessons and recess. • Ensures flexibility in playground setup for multiple activities.	\$20,000
		2. Safety Ball-Nets for Football • Install safety ball-nets near the corridor and New Annex. • Enables safe football activities and team training. • Minimizes risk of balls entering restricted areas.	\$57,770

		3. Archery Equipment and Safety Nets • Purchase archery equipment (bows, arrows, targets). • Install safety nets to secure the area. • Expands PE curriculum and supports formation of an Archery Team for HKSSF Inter-School competitions.	\$33,230
		4. Fitness Corner in New Annex Covered Playground • Install pull-up bars, plyometric boxes, and free weights. • Creates a dedicated space for strength and conditioning. • Encourages fitness during recess and after school.	\$11,413
		5. General Sports Equipment for Playground • Provide diverse sports equipment (e.g., basketballs, volleyballs, rackets, jump ropes). • Place equipment on the playground for recess and after-school use. • Promotes varied physical activities and student engagement.	\$2,000
		6. Sports Teams' Consumables • Purchase competition balls, spike shoes, and training equipment. • Supports school sports teams' training and competitive needs.	\$15,000
		Total	\$144,413