S.K.H. Tsang Shiu Tim Secondary School
Annual Report on the Use of the One-off Grant for Promotion of a Sports Ambience and MVPA60 in Schools (2025-2026)

1. Introduction

In accordance with the Education Bureau's initiative to promote a healthy lifestyle, our school was allocated a one-off grant of HK$150,000 to be utilised by the end of the 2026-2027 school year. For the 2025-2026 academic year, the Physical Education (PE) Panel focused on enhancing on-campus sports facilities, integrating Information and Technology (I&T) into sports administration, and fostering a sports ambience to encourage students to meet the World Health Organization's recommendation of at least 60 minutes of daily moderate-to-vigorous physical activity (MVPA60).

2. Financial Summary (2025-2026)

The school began the year with a balance of **HK$144,413.12** carried forward from the 2024-2025 academic year.

Budget Item	Budget	Actual Spent (2025-2026)	Balance
Area 1: IT Services & Software			
1. Athletics Meet Management Software	$5,000.00	$4,800.00	$200.00
Area 2: PE/Sports Equipment & Facilities			
1. Movable Basketball Goal Posts	$20,000.00	$0.00	$20,000.00
2. Multi-purpose Safety Partitioning Nets	$57,770.00	$48,000.00	$9,770.00
3. Archery Equipment and Safety Nets	$33,230.00	$33,230.00	$0.00
4. Fitness Corner (New Annex)	$11,413.00	$0.00	$11,413.00
5. General Sports Equipment (Sports Hub)	$2,000.00	$788.11	$1,211.89
6. Sports Teams' Consumables	$15,000.00	$14,660.66	$339.34
Total	**$144,413.00**	**$101,478.77**	**$42,934.23**

3. Project Implementation and Achievements

- **Multi-purpose Safety Partitioning Nets**: Rather than being limited to a single sport, these high-strength nets serve as a professional partitioning system for the playground. This allows for the better organisation of diverse sports simultaneously and, crucially, has enabled **on-campus football training** by minimising the risk of balls entering restricted corridors or hitting pedestrians.
- **Archery Base and Team Formation**: The school successfully established its first Archery Team for The Schools Sports Federation of Hong Kong, China (HKSSF) competitions by

installing safety nets and purchasing equipment like bows and targets in the Students Activity Centre. Student satisfaction with archery unit in PE lessons is exceptionally high at **4.5/5**.

- **Athletics Meet IT Integration**: The procurement of specialised management software facilitated the 47th Athletics Meet, enabling online applications and real-time result tracking.
- **Establishment of the Sports Hub**: A central highlight of the year was the establishment of the **Sports Hub**, which has successfully cultivated a vibrant campus sports culture. Students find the Sports Hub and its new facilities highly motivating, resulting in an encouraging motivation rating of 3.7/5 in student evaluations.

4. Explanation of Unfinished and Reallocated Tasks

- **Movable Basketball Goal Posts**
  This project remains unfinished as all official quotations received were significantly higher than the allocated budget. The purchase is deferred to the 2026-2027 school year to identify more cost-effective suppliers while maintaining fiscal responsibility.
- **Fitness Corner in New Annex Covered Playground**
  The establishment of a dedicated Fitness Corner was partially implemented in the previous cycle, but the final installation of permanent fixtures (such as pull-up bars) in the New Annex has been suspended. Evaluation of the site indicates that the New Annex Covered Playground is currently overcrowded, adding fixed fitness equipment at this stage would pose safety risks and limit the flexibility of the space for core curriculum needs.

5. Evaluation of Effectiveness and Reflections

- **Positive Motivation:** Students find the Sports Hub and new facilities (e.g., partitioning nets) highly motivating, with an encouraging rating of 3.7/5 in student evaluations.
- **Course Satisfaction & Team Success:** Specialised programmes supported by this grant have yielded exceptional results. This includes the newly established Archery Team, as well as the Football and Handball Teams, both of which achieved Championships in HKSSF competitions this year, securing several stellar major trophies.
- **MVPA60 Challenges:** Despite significant facility improvements, daily physical activity levels remain a primary challenge, averaging 3.2/5 overall, with a notably lower rate of 2.7/5 among F.5 girls.

6. Future Planning (2026-2027)

- **Renovation and Enhancement of the Sports Hub**: While the Sports Hub was successfully established this year, further renovation is required to optimise the space for student use. The budget originally allocated for the Fitness Corner will be reallocated to this renovation project. The goal is to create a more professional and inviting environment that further motivates students to exercise during their spare time, such as recess and after-school periods.

- **Strategic Equipment Upgrades**: To address the high demand for varied physical activities and to refresh aging infrastructure, the school will prioritise the following purchases:
    - **Movable Basketball Goal Posts**: Following the deferral in the previous cycle due to excessive quotations, the panel will actively seek more cost-effective suppliers to finalize this procurement.
    - **Table Tennis Tables**: New tables will be added to the school's inventory to support both the PE curriculum and the high level of student interest in racket games.
    - **Supplementary Sports Hub Equipment**: Additional portable and high-engagement equipment will be acquired to ensure the Hub remains a dynamic centre for physical activity.